

Calendar

Osteoporosis AC

M, Jan 6, 11 a.m. to noon

Richard Fausel, DO, Certified Clinical Densitometrist; Danielle Meglio, COTA-C, MLD/CDT, Occupational Therapy

760-568-1234 [Read More](#)

Pessary 101: Pelvic Prolapse LQ

Woman to Woman Series

TU, Jan 7, 2 to 3 p.m.

Toni Long, MD, Obstetrics/Gynecology

760-610-7205. Attend one or all three in the series. [Read More](#)

Metastatic Breast Cancer: Update on Treatment Options LC

TU, Jan 7, 4 to 5 p.m.

Kellie Flippin, MD, Medical Oncology/Hematology

760-834-3798 [Read More](#)

Getting to the Root of Chronic Sinusitis AC

TU, Jan 7, 5:30 to 6:30 p.m.

Majid Torabi, MD, Otolaryngology

760-568-1234 [Read More](#)

Weight Management Tips for the New Year LQ

Great Living Starts Here Series

W, Jan 8, 2 to 3 p.m.

Barbra Sassower, RD, Eisenhower Clinical Dietitian

760-610-7205 [Read More](#)

Role of Detoxifying in Overall Health LQ

Argyros Health and Wellness Series

W, Jan 8, 5:30 to 7 p.m.

Hessam Mahdavi, MD, Internal Medicine

760-610-7205 [Read More](#)

Women Pioneers in Heart Disease AC

Sponsored by The Mended Hearts, Inc.

TH, Jan 9, 6 to 8 p.m.

Seemal Mumtaz, MD, Cardiovascular/Thoracic Surgery

760-409-8538 [Read More](#)

Being Sober AC

SA, Jan 11, 9 to 11 a.m.

Harry Haroutunian, MD, Betty Ford Center

Free and open to the public.

760-773-4342 or visit bettyfordcenter.org. [Read More](#)

CALENDAR KEY

Most classes and lectures are free and early registration is recommended. For a full listing of lectures, events, programs and support groups, visit emc.org/calendar. Online registration is available for most events.

AC Annenberg Center for Health Sciences at Eisenhower

LC Eisenhower Lucy Curci Cancer Center

LQ Eisenhower George and Julia Argyros Health Center, La Quinta

[Would you like to have someone from Eisenhower Medical Center speak to your organization on a health-related topic? Please contact Vanessa Shanks at 760-834-7956 for more information.](#)

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