



Upcoming Events at Eisenhower Medical Center

Eisenhower Medical Center offers various health-related lectures throughout the month. Check back for an updated list of scheduled events.

Wednesday, January 21

Acupuncture and Integrated Medicine
Eating for Diabetes: Myth versus Truth

Thursday, January 22

Integrative Oncology: Mindfulness Meditation
Roadmap to Medicare
Sugar Saga: The Key to Normal Weight and Metabolism

Tuesday, January 27

Acupuncture for Pain Management

Wednesday, January 28

Integrative Oncology: Journaling for Health and Wellness

[Click here to access the calendar.](#)