Sheda Heidarian, MD

Sheda heidarian, MD at the 19th World Congress of Gerontology and Geriatrics in Paris, France, in July.

Eisenhower Medical Center physician and geriatrician Sheda Heidarian, MD was a presenter at the 19thWorld Congress of Gerontology and Geriatrics in Paris, France, in July. Held every four years, the meeting brings together more than 6,000 participants representing 91 countries to discuss the latest findings in the field of aging.

Dr. Heidarian presented her findings from the study “Physicians’ Ethnicity: Does it Affect Nursing Home Placement?” which she completed with colleagues at the Long Island Jewish Medical Center, New York, the hospital where she completed her fellowship in geriatrics.

“The presentation was very well received.While there have been some studies about how patient ethnicity affects nursing home placement, no one has looked at how physician ethnicity alters this outcome,” says Dr. Heidarian. “Patients trust their physicians. So the doctor’s opinion holds a lot of weight and has a huge impact on a patient’s further management.With this study, we were looking at how the doctor’s ethnicity might affect the choice, and also how we may be able to provide other options and services for patients, rather than just a skilled nursing facility.”

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Dr. Heidarian has been with Eisenhower Medical Center since July 2008 and is already making a significant impact. She is working to create a geriatric center, is involved in the knee replacement committee, as well as the fracture committee to prevent delirium in patients post-operatively.

Dr. Heidarian has also presented at the American Public Health Association, at the American College of Physician’s New York Chapter and at the Annual Scientific Meeting of the American Geriatric Society in Washington, DC

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